

# TUNA AND CHEESE

## Sheila Senior on sandwich fillings

Our sandwich fillings haven't changed that much. But we do do more vegetarian – tuna and cheese, for example. We like to plan ahead, especially when we know a visiting team will include Asian players.



We get all our produce from the village post office. Everything is ready for us on the Saturday morning – like the bread and the ham.

We definitely like to support local businesses. And we get our cakes from a local supermarket.