

FRIDAY AT MORRISONS

Doris Brook on her weekly routine

We do a proper sit-down tea at Leymoor: salad plus a sandwich, a cake and a pot of tea. The sandwiches are either cheese or meat.

That said, when it's a predominantly Asian team like Azad I do vegetarian – fish maybe. I just need to know in advance.



I like to be well prepared. I go to Morrisons every Friday morning at 8.15 to do a big shop and get the meat, cheese and cakes. I also visit the wholesale market on Leeds Road.

I prepare the food during the first innings. I used to do this at home and just bring it across but the Health and Safety People got involved, so I swapped to doing it at the club.

Teas have definitely improved over the years. The cricketers used to get just a salad bun and a cup of tea when we had the old wooden building. It was very basic.